

soep-core:soep-core-2020-corona

SOEP Group

2020

Contents

B1 Health Behavior and Health Inequality	3
B1.1 Prevalence in the Household Context	3
B1.2 Health Behavior	5
B1.3 Health Inequality	6
B2 Labor Market and Employment	7
B2.1 Current Job	7
B2.2 For Self-Employed People Only	9
B2.3 For Non-Working People Only	11
B2.4 Questions for Everyone	11
B3 Social Life, Networks, and Mobility	12
B3.1 Childcare	12
B3.2 Time Use	15
B3.3 Satisfaction and Well-Being	17
B4 Mental Health	18
B4.1 Resilience	18
B4.2 Worries and Concerns	19
B5 Social Cohesion	20
B5.1 Trust and Fairness	20
B5.2 Perceptions of Social Cohesion	21
B5.3 Life Satisfaction	22
B6 Implementation of the interview	23

Intro We are contacting you today because you have been participating in the study “Living in Germany” for several years and telling us about your living situation and about how you are doing personally. Germany’s federal government has taken measures against the coronavirus that change and severely restrict the everyday lives of people in Germany. To find out how you are dealing with these changes, we would like to interview you briefly (for about 15 minutes) by telephone today in addition to our regular survey.

0 No. of Household:

Individual ID:

First name of respondent:

B1 Health Behavior and Health Inequality

B1.1 Prevalence in the Household Context

1 Have you already been tested for the coronavirus?

Yes	1
No	2
No answer	-1

2 If the answer was yes, when were you tested?

Month

Day

3 What were the test results?

infected (tested positive)	1
not infected (tested negative)	2
I have not received the test results yet	3
No answer	-1

4 Whether you have been tested or not, are you currently at home in self-quarantine?

Yes	1
No	2
No answer	-1

5 Do you currently have flu-like symptoms such as fever or cough?

Yes 1
 No 2
 No answer -1

6a If you live in a household with two or more people: Has [first name 1, first name 2, etc.] been tested for the coronavirus?

Yes 1
 No 2
 No answer -1
 (No read aloud:) I don't know 1

6b (If the answer was yes:) When was [first name 1, first name 2, etc.] tested?

Month
 Day
 (No read aloud:) I don't know 1

6c (If the answer was yes:) What were the test results?

infected (tested positive) 1
 not infected (tested negative) 2
 I have not received the test results yet 3
 No answer -1
 (No read aloud:) I don't know 1

6d Whether he/she has been tested or not: Is [first name 1, first name 2, etc.] currently at home in self-quarantine?

Yes 1
 No 2
 No answer -1
 (No read aloud:) I don't know 1

6e Does [first name 1, first name 2, etc.] currently have flu-like symptoms such as fever or cough?

Yes 1
 No 2
 No answer -1
 (No read aloud:) I don't know 1

6f Does another person not yet named live in the household?

Yes	1
No	2
No answer	-1

6g First name of this person:
6h Gender of this person:

Male	1
Female	2

6i Year of birth of this person:
6j Month of birth of this person:
B1.2 Health Behavior**7** Where do you get most of your information about current developments in the coronavirus situation?

Please mark all answers that apply.

- TV/radio	1
- newspapers (digital or print version)	1
- social media (such as Facebook, Twitter, Instagram)	1
- my own Internet research	1
- personal conversations with friends and family	1
- other sources	1
- I am not gathering information about the coronavirus	1
- If other sources, please specify:	<input type="text"/>

8 Are you generally a person who is willing to take risks or do you try to avoid taking risks?

Please answer on a scale from 0 (not at all willing to take risks) to 10 (very willing to take risks).

Risk-averse – 0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
Risk-prone – 10	10

9 There are various recommendations for how to behave in everyday life and in public to prevent the spread of the novel coronavirus. If you think back over the last seven days, have you:

Please mark all answers that apply.

- | | |
|--|---|
| - avoided contact with older, elderly, or chronically ill people? | 1 |
| - avoided using public transport? | 1 |
| - refrained from travel, including travel within Germany? | 1 |
| - regularly aired out the living areas of your home? | 1 |
| - avoided doing your shopping at peak shopping times? | 1 |
| - avoided large gatherings? | 1 |
| - kept your distance from people who have a cough, cold, or fever? | 1 |
| - avoided forms of physical contact such as shaking hands or hugging? | 1 |
| - washed your hands regularly (for at least 20 seconds with soap and water)? | 1 |

10 Do you currently smoke, whether cigarettes, a pipe, or cigars?

We are not referring here to e-cigarettes!

- | | |
|-----------|----|
| Yes | 1 |
| No | 2 |
| No answer | -1 |

B1.3 Health Inequality

11 How would you describe your current health?

- | | |
|--------------|----|
| Very good | 1 |
| Good | 2 |
| Satisfactory | 3 |
| Poor | 4 |
| Bad | 5 |
| No answer | -1 |

12 How likely do you think it is that the novel coronavirus will cause you to become critically ill in the next 12 months?

Please give your answer as a percentage between 0 (completely unlikely) and 100 (completely likely).

[...] percent

(do not read out loud, but a possible spontaneous answer option): This has already happened 1

13 How likely do you think it is that you will experience the following in the next 12 months due to measures to prevent and slow the spread of the coronavirus?

If this has not happened yet, give your answer as a percentage between 0 (completely unlikely) and 100 (completely likely).

- lose your job as the result of layoffs or company closure?
- this has already happened
- have difficulties paying your bills and be forced to use your savings or take out loans?
- this has already happened
- encounter serious financial difficulties and possibly have to apply for social welfare benefits?
- this has already happened
- be forced to drastically lower your standard of living?
- this has already happened
- be forced to use your savings or liquidate your investments?
- this has already happened

B2 Labor Market and Employment

B2.1 Current Job

14 Have you done any paid work in the last seven days, even if it was just for an hour or a few hours?

Please answer "yes" even if vacation, illness, bad weather, or other reasons prevented you from working part of the time you would normally have worked in the last seven days.

- Yes
- No
- No answer

15 Are you currently employed? Which of the following applies to you?

If you are retired or in the German Federal Volunteer Service and also currently employed, please answer only with regard to your employment.

- Employed full-time
- Employed part-time
- Employed part-time
- Completing in-service training / apprenticeship / in-service retraining
- In marginal or irregular employment
- In partial retirement, phase with zero working hours
- Voluntary social / ecological year, federal volunteer service
- Not employed

16 What is your current occupational status?*This question refers to your main job.*

salaried employee	5
blue-collar worker (incl. Agriculture)	2
white-collar worker (incl. judges and career military)	3
self-employed (including family members working for self-employed people)	1
trainee / apprentice / intern	4
No answer	-1

17 (If you are employed but not self-employed:) Have there been recent changes to your work situation due to the coronavirus?*Please mark all answers that apply.*

- I am working reduced hours	1
- I am working entirely from home	1
- I am working partly from home	1
- I am putting in more overtime	1
- I am taking time off in compensation for overtime	1
- I am taking a special form of paid vacation	1
- I have been put on paid leave	1
- I have more flexible working hours	1
- none of the above	1

18 (If you are employed but not self-employed:) Have your contractual working hours changed due to the corona crisis?

yes, my hours have increased	1
yes, my hours have decreased	2
no	3
No answer	-1

19 If the answer was increased: By how many hours per week have your official working hours increased?hours per week **20 If the answer was decreased: By how many hours per week have your official working hours decreased?**hours per week

21 (If you are employed but not self-employed:) Has your earned income (including bonuses) changed as a result of the corona crisis? Has it ...

increased	1
decreased	2
remained approximately the same	3
don't know	4
No answer	-1

B2.2 For Self-Employed People Only

22 Have there been any changes in your working situation recently due to the corona crisis?
Please mark all answers that apply.

- My business is directly affected by the new regulations on opening hours or other restrictions. 1
- My business is directly affected by the fact that my suppliers are unable to deliver the parts or materials that I need for my business. 1
- My business is directly affected by customers cancelling their orders for my products or currently having no demand for my services. 1
- I am making use of the regulations on reduced working hours with my employees. 1
- I am making use of the regulations on special forms of paid vacation with my employees. 1
- I am making use of the regulations on special forms of unpaid vacation with my employees. 1
- I have been forced to lay off employees. 1
- I am working entirely from home. 1
- I am working partly from home. 1
- No, none of the above 1

23 (If you have laid off employees:) How many employees have you been forced to lay off?

24 Have your working hours changed due to the corona crisis?

yes, my hours have increased	1
yes, my hours have decreased	2
no	3
No answer	-1

25 If the answer was increased: By how many hours per week have your working hours increased?

hours per week

26 If the answer was decreased: By how many hours per week have your working hours decreased?

hours per week

27 Has your income from self-employment or from your own business activities changed as a result of the corona crisis? Has your income ...

increased	<input type="text"/>
decreased	<input type="text"/>
remained approximately the same	<input type="text"/>
don't know	<input type="text"/>
No answer	<input type="text"/>

28 What was your turnover in February 2020 in euros?

29 And has your business's turnover changed over the course of the corona crisis? Has your turnover...

increased	<input type="text"/>
decreased	<input type="text"/>
remained approximately the same	<input type="text"/>
don't know	<input type="text"/>
No answer	<input type="text"/>

30 (If turnover has increased:) By what percentage has your turnover increased relative to February 2020?

31 (If turnover has decreased:) By what percentage has your turnover decreased relative to February 2020?

32 (If turnover has decreased:) How long will your cash liquidity last to keep your business afloat?

Years

Months

33 (If turnover has decreased:) Are you using the government's business support measures due to your financial situation?

Yes	1
No	2
No answer	-1

34 (If turnover has decreased:) Are you borrowing from friends/acquaintances due to your financial situation?

Yes	1
No	2
No answer	-1

B2.3 For Non-Working People Only

35 Were you already not working immediately before the corona crisis?

yes, I was already not working before the corona crisis	1
no, I am not working because of the corona crisis	2
No answer	-1

36 (If the answer was no): What changes have taken place in your work situation due to the corona crisis?

Please mark all answers that apply. If you were retired before the corona crisis, please answer "no, none of the above".

- I quit my job / resigned.	1
- I was laid off.	1
- I lost my job when my employer was forced to shut down operations under government restrictions.	1
- I lost my job when my employer went out of business permanently.	1
- no, none of the above	1

B2.4 Questions for Everyone

37 (If you are working partly or entirely from home:) If you compare working from home to working in your normal working environment in the current situation, would you say you are...

much more productive	1
just about as productive	2
less productive	3
(do not read aloud:) don't know	4
No answer	-1

38 Do you own stocks or other forms of capital investments?*This does not refer to savings accounts or instant access savings accounts.*

Yes	1
No	2
No answer	-1

39 (If the answer was yes:) Have you restructured your stock portfolio or other forms of investments in the last few weeks?

Yes	1
No	2
No answer	-1

40 (If the answer was yes:) What percentage of positions in your portfolio have you sold off?

41 (If the answer was yes:) What percentage of positions in your portfolio have you added to?

B3 Social Life, Networks, and Mobility**B3.1 Childcare****42 Are there children living in your household who are not in school?**

Yes	1
No	2
No answer	-1

43 (If the answer was yes:) Has your child been cared for by other individuals or facilities in the last week?*Please answer for the oldest child who is not yet in school.*

Yes	1
No	2
No answer	-1

44 (If the answer was yes:) How many hours a week does care for your child?

If the answer does not apply, please enter "0". Please answer for the oldest child who is not yet in school.

- spouse / partner	<input type="text"/>
- child's father (if not a member of your household)	<input type="text"/>
- child's mother (if not a member of your household)	<input type="text"/>
- child's grandparents	<input type="text"/>
- child's older siblings	<input type="text"/>
- other relatives	<input type="text"/>
- home daycare provider (outside your household)	<input type="text"/>
- nanny (in your household)	<input type="text"/>
- daycare, preschool, nursery school, etc.	<input type="text"/>
- other parents from your child's daycare, school, and/or nursery school	<input type="text"/>
- friends or neighbors	<input type="text"/>
- other (for instance, babysitter)	<input type="text"/>

45 To what extent do you agree with the following statements?

Please answer for the oldest child who is not yet in school.

	disagree completely	disagree somewhat	partly agree, partly disagree	agree somewhat	agree completely	No answer
- Taking care of the child at home will overwhelm me.	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>	<input type="text" value="-1"/>
- The child will spend most of his / her time with digital media.	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>	<input type="text" value="-1"/>
- This situation is an opportunity for us to spend more time with our child.	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>	<input type="text" value="-1"/>

46 Are there school-aged children in your household?

Yes	<input type="text" value="1"/>
No	<input type="text" value="2"/>
No answer	<input type="text" value="-1"/>

47 (If the answer was yes:) Has your child been cared for by other individuals or facilities in the last week?

Please answer for the youngest school-aged child.

Yes	1
No	2
No answer	-1

48 (If the answer was yes:) How many hours a week does care for your child?

If the answer does not apply, please enter "0". Please answer for the youngest school-aged child.

- spouse / partner	
- child's father (if not a member of your household)	
- child's mother (if not a member of your household)	
- child's grandparents	
- child's older siblings	
- other relatives	
- home daycare provider (outside your household)	
- nanny (in your household)	
- daycare, preschool, nursery school, etc.	
- other parents from your child's daycare, school, and/or nursery school	
- friends or neighbors	
- other (for instance, babysitter)	

49 (If the answer was yes:) If you think about the youngest school-aged child in your household, how is the school providing your child with learning materials?

Please mark all answers that apply.

- the teacher is sending learning materials by e-mail	1
- learning materials are being uploaded to a server or cloud	1
- the children received learning materials before the school closed	1
- e-learning by conference call	1
- the school has not organized anything yet	1
- other	1

50 To what extent do you agree with the following statements?

If you have more than one school-aged child, please answer for the youngest school-aged child. Please mark all answers that apply.

	disagree completely	disagree somewhat	partly agree, partly disagree	agree somewhat	agree completely	No answer
- Making sure the child is able to keep up with schoolwork will overwhelm me.	1	2	3	4	5	-1
- The child will spend most of his / her time with digital media.	1	2	3	4	5	-1
- This situation is an opportunity for us to get more involved in our child's learning.	1	2	3	4	5	-1

B3.2 Time Use

51 What does your everyday life look like in the current situation? How many hours per normal work day do you spend on the following activities?

- job, apprenticeship, second job (time including travel to and from work) (number of hours)
- errands (shopping, appointments with government agencies) (number of hours)
- housework (washing, cooking, cleaning) (number of hours)
- childcare (number of hours)
- Care and support for persons in need of care
- in-service training or apprenticeship, studying (including school, university studies, doctoral work) (number of hours)
- repairs on or around the house, car repairs, garden / yard work (number of hours)
- physical activities (sports, fitness, gymnastics) (number of hours)
- other recreational activities or hobbies (number of hours)

52 Now for a few questions about your leisure time. Please state how often you engage in each activity in the current situation: several times a day, once a day, several times a week, at least once a week, less often, or never?

	Several times daily	Daily	Several times per week	At least once per month	Seldom	Never	No answer
- contact with friends or relatives (also by telephone, e-mail, web-based phone services)	1	2	3	4	5	6	-1
- using online social networks / chat services (e.g., Facebook / Instagram / Twitter / WhatsApp)	1	2	3	4	5	6	-1
- watching TV or movies, TV series, videos (including media libraries / streaming media on the Internet / DVDs / etc.)	1	2	3	4	5	6	-1
- playing games on the computer / online / gaming console / smartphone	1	2	3	4	5	6	-1
- reading (daily) newspapers (including e-papers)	1	2	3	4	5	6	-1
- artistic and musical activities (painting, playing an instrument, photography, theater, dance)	1	2	3	4	5	6	-1
- doing home or car repairs / garden or yard work / car maintenance	1	2	3	4	5	6	-1
- active physical activities	1	2	3	4	5	6	-1
- helping friends, relatives, or neighbors	1	2	3	4	5	6	-1
- doing nothing / unwinding / daydreaming	1	2	3	4	5	6	-1
- praying	1	2	3	4	5	6	-1

B3.3 Satisfaction and Well-Being

53 How satisfied are you right now with the following areas of your life?

Please answer on a scale from 0 (completely dissatisfied) to 10 (completely satisfied).

How satisfied are you with ...

	Com-pletely dissat- isfied										Com-pletely satis- fied		No an- swer
	0	1	2	3	4	5	6	7	8	9	10		
- your health?	0	1	2	3	4	5	6	7	8	9	10	-1	
- your sleep?	0	1	2	3	4	5	6	7	8	9	10	-1	
- your leisure time?	0	1	2	3	4	5	6	7	8	9	10	-1	
- your family life?	0	1	2	3	4	5	6	7	8	9	10	-1	
- your contacts with friends and acquaintances?	0	1	2	3	4	5	6	7	8	9	10	-1	
- with democracy as it exists in Germany?	0	1	2	3	4	5	6	7	8	9	10	-1	

54 How satisfied are you with crisis management by ... to curb the spread of the coronavirus?

Please answer on a scale from 0 (completely dissatisfied) to 10 (completely satisfied).

	Com-pletely dissat- isfied										Com-pletely satis- fied		No an- swer
	0	1	2	3	4	5	6	7	8	9	10		
- the federal government	0	1	2	3	4	5	6	7	8	9	10	-1	
- the government of the federal state (Land) where you live	0	1	2	3	4	5	6	7	8	9	10	-1	
- the local government of your city or municipality	0	1	2	3	4	5	6	7	8	9	10	-1	
- (if you have school-aged children in your household:) with crisis management by your youngest school-aged child's school?	0	1	2	3	4	5	6	7	8	9	10	-1	

55 I will now read you a list of feelings. For each feeling, please state how long you have felt that way in the last four weeks. How often have you felt ...

	Very rarely	Rarely	Occasionally	Often	Very often	No answer
- angry?	1	2	3	4	5	-1
- worried?	1	2	3	4	5	-1
- happy?	1	2	3	4	5	-1
- sad?	1	2	3	4	5	-1

56 How often have you had the feeling...in the current situation?

	Very often	Often	Sometimes	Seldom	Never	No answer
- that you miss having other people around	1	2	3	4	5	-1
- that you are left out	1	2	3	4	5	-1
- that you are socially isolated	1	2	3	4	5	-1

B4 Mental Health

B4.1 Resilience

57 In the following, we want to know how you usually deal with difficult times in your life. I tend to recover quickly after difficult times.

disagree completely	1
disagree somewhat	2
partly agree, partly disagree	3
agree somewhat	4
agree completely	5
No answer	-1

58 In the last two weeks, how often have you been bothered by any of the following problems?

	Not at all	On some days	On more than half the days	(Almost) every day	No answer
- having a lack of interest or pleasure in your activities	1	2	3	4	-1
- feeling down, depressed, or hopeless	1	2	3	4	-1
- feeling nervous, worried, or on edge	1	2	3	4	-1
- feeling unable to stop or control your worry	1	2	3	4	-1

59 Everyone is confronted with negative or unpleasant situations from time to time and reacts in their own way. What about you in the last two weeks: To what extent do you agree with the following statements?

	disagree completely	disagree somewhat	partly agree, partly disagree	agree somewhat	agree completely	No answer
- I thought the situation has its positive sides.	1	2	3	4	5	-1
- I thought it is not nearly as bad as other things.	1	2	3	4	5	-1
- I thought I have to accept the situation.	1	2	3	4	5	-1
- I tried to get advice or help from other people.	1	2	3	4	5	-1
- I thought about how terrible what I am experiencing is.	1	2	3	4	5	-1

60 The corona crisis is currently changing our personal, economic, and social life. To what extent do you agree with the following statements?

	disagree completely	disagree somewhat	partly agree, partly disagree	agree somewhat	agree completely	No answer
- I expect that I will learn something positive from the corona crisis for my life.	1	2	3	4	5	-1
- I think that society and the way we live with other people will change for the better in the long term as a result of the corona crisis.	1	2	3	4	5	-1

B4.2 Worries and Concerns

61 How concerned are you about the following?

	Very concerned	Somewhat concerned	Not concerned at all	No answer
- the economy in general	1	2	3	-1
- your own financial situation	1	2	3	-1
- your health	1	2	3	-1
- (if not infected) about whether you will receive the necessary medical treatment if you do contract the coronavirus	1	2	3	-1
- environmental protection	1	2	3	-1
- social cohesion	1	2	3	-1
- provision of important products like food, hygiene products, and medicine	1	2	3	-1
- the affordability of these products	1	2	3	-1
- about share prices and other forms of investments	1	2	3	-1
Or what else are you concerned about?				
nothing else	1			

B5 Social Cohesion

B5.1 Trust and Fairness

62 What is your opinion about the following three statements?

	Agree completely	Rather agree	Rather Disagree	Totally disagree	No answer
People can generally be trusted.	1	2	3	4	-1
Nowadays you can't rely on anyone.	1	2	3	4	-1
When dealing with strangers, it's better to be careful before trusting them.	1	2	3	4	-1

63 Do you believe that most people ... would use you if they had the chance, or or that they would try to be fair to you?

Would exploit you if they had the opportunity	1
or that they would try to be fair to you?	2
No answer	-1

64 Would you say that people usually ... try to be helpful, or that they only pursue their own interests?

Try to be helpful	1
or that they only pursue their own interests?	2
No answer	-1

B5.2 Perceptions of Social Cohesion

65 When you think about the area where you live: How strong is social cohesion there...

	Very good	Rather good	Partly good, partly bad	Rather bad	Very bad	No answer
- in general?	1	2	3	4	5	-1
- in the current situation?	1	2	3	4	5	-1

66 What is your opinion about the following statements?

	Does not apply at all	Does not apply somewhat	Partly applies, partly not	Applies somewhat	Applies perfectly	No answer
- The way people are dealing with the coronavirus shows that we can rely on social cohesion in Germany.	1	2	3	4	5	-1
- The way people are dealing with the coronavirus shows how weak social cohesion is in Germany.	1	2	3	4	5	-1
- People with high incomes and higher-status professions will have better chances of protecting themselves from contracting the coronavirus.	1	2	3	4	5	-1
- Every resident of Germany has the same chances of receiving the necessary treatment.	1	2	3	4	5	-1

67 And with regard to the restrictions on public life to curb the spread of the coronavirus: What is your opinion about the following statements?

	Does not apply at all	Does not apply somewhat	Partly applies, partly not	Applies somewhat	Applies perfectly	No answer
- I accept personal restrictions to help my fellow human beings.	1	2	3	4	5	-1
- People in Germany accept personal restrictions to help their fellow human beings.	1	2	3	4	5	-1
- If it were up to you personally: People should accept personal restrictions in the future to help their fellow human beings.	1	2	3	4	5	-1
- And leaving your own desires aside: People will probably accept personal restrictions to help their fellow human beings.	1	2	3	4	5	-1

B5.3 Life Satisfaction

68 In conclusion, we would like to ask you how satisfied you are with your life overall. How satisfied are you with your life in the current situation, all things considered?

Please answer on a scale from 0 (completely dissatisfied) to 10 (completely satisfied).

completely dissatisfied 0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
completely satisfied 10	10
No answer	-1

69 And how satisfied do you think you will be in one year?

Completely dissatisfied o	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
Completely satisfied io	10
No answer	-1

B6 Implementation of the interview**A** When did you finish filling out the questionnaire?

Date

Day Month

Time

Hour Minute **B** Duration of the interview:The oral (complete or partial) interview lasted ... minutes **C** Other notes: